

FY23



STATS

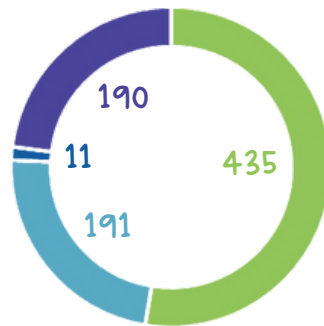
FAMILY RESILIENCE

827 adults

101 parents in recovery
136 incarcerated parents

580 parents from the community

910 children impacted



31 children served



56% of our parents earn less than \$30K annually



1,832 professionals

trained statewide via:

- CHANT (State of TN Community Health Access & Navigation)
- Davidson County Juvenile Court
- Davidson County Sheriff's Office (including Crisis Intervention Team)
- Firefly (Vanderbilt University Medical Center)
- Hands On Nashville
- Knowledge Quest
- Mid Cumberland Head Start & Early Head Start
- Middle Tennessee State University
- Monroe Harding
- Nashville International Center for Empowerment (NICE)
- Nashville School of Law
- Rutherford County Correctional Work Center
- Safe Haven Family Shelter
- United Way, Rutherford & Canon Counties
- United Way of Greater Nashville
- Woodmont Christian Church

ORGANIZATIONAL RESILIENCE



CHANGING LIVES · CHANGING FAMILIES CHANGING CHILDREN'S FUTURES!



We're on a mission to break intergenerational cycles of childhood trauma & create resilient communities where all children thrive! Research demonstrates the long term, negative consequences of toxic stress on developing brains. ACEs (Adverse Childhood Experiences/Adverse Community Environments) can impact brain architecture and epigenetics. Yet there's H.O.P.E. (Healthy Outcomes from Positive Experiences)! Advances in research show Positive Childhood Experiences (PCEs) buffer ACEs. Our Family Resilience & Organizational Resilience programs ensure children & families (along with organizations like schools, jails, courts, government agencies, etc) have the education, skills, and support needed to better prepare children for future success!

56%
of our parents
experienced
4+ ACEs

41%
of our parents
experienced
6+ ACEs

5% of our parents
experienced
10+ ACEs



More ACEs = Increased Risk

As the number of ACEs increase,
so does the risk for negative outcomes

PCEs

- able to talk w/family about feelings
- feel family supports them in difficult times
- enjoy participating in community traditions
- feel a sense of belonging in high school
- feel supported by friends
- have 2+ non-parent adults who care
- feel safe/protected by an adult in the home

In FY24 we're shifting to a PACEs approach as we help parents/caregivers capitalize on strengths and provide more PCEs for their children.

**AFTER OUR
PROGRAMS
OUR PARENTS:**

73%

demonstrated progress
in building parenting
skills proven to provide
children safe, stable, &
nurturing environments

88%

changed their
parenting beliefs
& attitudes

99%

plan to use the skills
they've learned